Fowey Royal Regatta Open Water Swim

Tuesday 19 August

Briefing – 6:15 p.m.   Start, Juniors – 6:45 p.m.   Start, Adults – 7:00 p.m.

Full Name (Block Caps): ....

Address: ....

Postcode: .... Tel: No: ....

DoB: .... Age: ....

Competition Conditions:

1. Medals will be awarded to those who finish the course.
2. The course is approx. 500 metres.
3. All adult swimmers must be a minimum of 17 yrs. Juniors 12-16 years (inclusive).
4. Swimmers **under 12** may not enter.
5. Entry forms **must** be signed, including medical statement, and returned to the Regatta Shop by **12:00 p.m. Tuesday**.
6. A cut off time of 30 minutes from the start of the race will apply.
7. Entries are limited to **20 entrants** in each race. Places will be awarded on a first come, first served basis.
8. Swimmers in the junior class (12-16 yrs) must have their form **countersigned** by a parent or guardian.
9. Failure to abide by these rules will result in disqualification and may result in exclusion from future Regatta events.

Promoter's Conditions:

1. Briefing starts at **6:15 p.m. in the Town Hall**. Be prompt. All swimmers must **register and attend the briefing**. Competition numbers will be issued.
2. Competitors will be loaned numbered caps to assist identification. **These must be worn at all times and returned to the Regatta Shop on completion**.
3. Wetsuits may be worn. Swimmers may grease providing that, in the opinion of the judges, it is not excessive.

Please read carefully before signing:

1. I am aware of the need to seek appropriate medical advice if I have any concern about my health. I have not been informed by any medical practitioner and do not have any knowledge of any medical condition which would make it inadvisable for me to participate in open water swimming. Accordingly, I certify that I am physically fit and well to compete in such events.
2. I understand that Fowey Royal Regatta Committee cannot be held responsible for any loss of or damage to personal belongings and that I must take all reasonable steps against such loss.

Signature of competitor:... **Date:**...................................

I _____ (print parent/guardian's name) give my permission for _____ (print swimmer's name) to enter the above open water swim.

Signature of parent/guardian: .... **Date** ....